

NTCA @ Red Oak HS
North Mesquite HS Winter Guard
January 31st, 2026



Plan to bring lunch or purchase a meal while back at NMHS. Bring snacks for this trip to account for the later dinner time.

BRING WATER JUGS + SNACKS!!

6:30am - Band Hall Opens

7:00am-8:15am - ****JV Rehearsal @ Lower Gym**** (Floor must be on gym by 7:00am)

8:15am-9:00am - JV Hair + Makeup

WE MUST START & END ON TIME FOR BASKETBALL. DO NOT ARRIVE LATE.

8:30am - FLOOR CREW + VARSITY CALL TIME (Band Hall)

9:00am-9:15am - Load Bus + Departure from North Mesquite

9:15am-10:15am - Travel to Red Oak HS

Show Site:

Red Oak High School

220 TX-342

Red Oak, TX 75154

Admission: Adults \$15 / Students + Children \$5 / Children (0-7) Free

10:15am - Arrival to HS / Check In (10:41am) / Unload

10:40am - Pre Warm Up (stretch)

11:11am - Body Warmup (Floor Crew get tarp ready)

11:25am - Equipment Warm Up

11:39am - JV PERFORMANCE TIME!!

11:50am - Load Floor + Equipment

12:10pm - Depart for North Mesquite

1:15pm - Arrive at North Mesquite HS

1:15pm-2:45pm Lunch on Own/Nap/Homework

2:45pm-4:00pm - ****Varsity Rehearsal @ Upper Gym**** (Floor must be on gym by 2:45pm)

3:30pm - FLOOR CREW + JV CALL TIME (Band Hall)

4:00pm-4:45pm - JV Hair + Makeup

4:45pm-5:00pm - Load Bus + Departure from NMHS

5:00pm-6:00pm - Travel to Red Oak HS
6:00pm - Arrival to HS / Check In (6:33pm) / Unload
6:33pm - Pre Warm Up (stretch)
7:03pm - Body Warmup (Floor Crew get tarp ready)
7:18pm - Equipment Warm Up

7:33pm - VARSITY PERFORMANCE TIME!!

7:45pm-8:00pm - Load Bus
8:00pm - Watch Guard Performances (You may purchase snacks/food from concessions)
9:00pm - RETREAT
9:35pm - Depart for North Mesquite HS
~10:20pm - Arrival, GO HOME!

Make sure to stay in contact with your ride as we make our way home. Let them know your arrival time so that you won't need to wait after coming back to NMHS.